



Apples Are For Cooking

Designed by: Tweedy Rauch
Beginning Level

You will need the following

Americana Paint Colors:

Titanium (Snow) White	DA1
Taffy Cream	DA5
Yellow Ochre	DA8
Cadmium Red	DA15
Country Red	DA18
Rookwood Red	DA97
Jade Green	DA057
Evergreen	DA82
Midnite Green	DA84
Light Cinnamon	DA114
Raw Umber	DA130
Lamp (Ebony) Black	DA67
Fabric Painting Medium	DAS10

Brushes: Langnickel *5015* Royal Sable: sizes 10, & 6
Loew-Cornell 801 Liner size br 2, or you may use any liner that you already have.

Other Supplies:

A round bubble palette (the lid would be helpful to take paint home if needed)

Palette paper

Tracing paper

General's Charcoal Pencil *557-2B* Medium

Paper towel

Water Container

Plexi-glass or firm cardboard, 14 x14 or 16x16 wrapped with freeze paper, shiny side up

Masking Tape

White plastic trash bag.

Surface: White apron

The pattern is placed on the apron by tracing the pattern, turn it over, trace again on the back side with the charcoal pencil. Turn the pattern right side up, carefully lay the pattern on the apron, tape it down, and go over the tracing with the end of a brush, or a coin.

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All paint is mixed with textile medium at a ratio of about 1/3 to 1/2 medium to paint.

Apples: Base apple with yellow ochre. Add Cadmium Red, working from the outside to the area that is the highlight area, leaving this area yellow. Blend where the two colors meet. Add more yellow ochre if necessary. Add taffy cream at the lightest area and blend around the edges into the yellow ochre.

Shade the apple with Country Red, keeping contour of the apple in mind. Deepen shading with Rookwood Red., keeping crescent shape in the shaded area.

Streaks: Use different reds and some yellow ochre, following the contour of the apple. Some come from the top and some from the bottom. (Do not connect them)

Stem: Base with Light Cinnamon. Shade with Raw Umber (may need to use Black)
Highlight with Taffy Cream.

Blossom end: Make short strokes with Black, Highlight slightly with Yellow Ochre.

Leaves: I have tried to make the leaves on this project as simple as I could, and they may not be done in the way that you are most familiar with. The light area will be the basecoat.

Light Value Leaves: Base with Jade Green. Shade with Jade Green + Evergreen. Highlight with Yellow Ochre, Taffy Cream, or White.

Medium Value Leaves: Base with Jade Green. Shade with Evergreen. Deepen shading with Midnite Green. Add highlight with Yellow Ochre or Taffy Cream.

Dark Value Leaves: Base with Evergreen. Shade with Midnite Green. You may need to deepen some areas with black. Highlight with Yellow Ochre.
Remember a triangle area is darker than any other area..

Flips; Base with Taffy Cream. The turn edge is Jade Green. Highlight with White if needed.

Accent: Rookwood Red

Branch: Raw Umber pulled from bottom toward the top. Pull Taffy Cream from the top. This will create a streaked look. Add touches of black pulled from bottom, and White from the top. The cut end is based with Yellow Ochre. Make growth rings with Raw Umber.

Squiggly Lines: Raw Umber. Thin with textile medium to inky consistency

Now that you have finished, step back and look to see if you need to strengthen your shading areas or highlights. If so use your darkest or lightest colors.

Heat Setting

Since we have used acrylic paint with a textile medium, we have to heat set the apron. To do so, take a piece of tissue paper and place it over the painted area. The iron should be as hot as the fabric on which you painted will stand. Place the iron on part of the painted area and hold it there for a few seconds, being careful not to scorch the apron. Now move the iron to another area, until all of the painted area has been covered. Do Not Slide the iron back and forth, in case the paint has not cured underneath.

You should wait at least 48 hours before you heat set, to insure the paint is dry.

Enjoy your apron

